

13+ Ya 3. Test ve SEM Yarları
Samsun, 14. - 16.7.2023

Yarı 21
14.07.2023

Kızlar, 400m Serbest

11 ya
Sonuçlar

11 YA BARAJLAR : 5:48.57

Puanlar: Can PARA 2021

Sıra	YB	ZamãDerece	100m	200m	300m	400m
1. YAKAR, Su Eylül <i>SEM Barajı Geçildi</i>	12	Samsun Su Sporları Kulübü 5:20.67 400	1:15.75	1:21.90	1:23.60	1:19.42
50m: 35.58 35.58	150m: 1:56.63 40.88	250m: 350m: 4:41.92 40.67	100m: 1:15.75 40.17	200m: 2:37.65 41.02	300m: 4:01.25 400m: 5:20.67 38.75	
2. BAYRAKTAR, Simay <i>SEM Barajı Geçildi</i>	12	Samsun Su Sporları Kulübü 5:22.49 394	1:16.00	1:21.49	1:25.06	1:19.94
50m: 35.95 35.95	150m: 1:55.97 39.97	250m: 3:19.99 42.50	100m: 1:16.00 40.05	200m: 2:37.49 41.52	300m: 4:02.55 42.56	350m: 4:42.59 40.04 400m: 5:22.49 39.90
3. INAN, Melis <i>SEM Barajı Geçildi</i>	12	Ferdi 5:30.60 365	1:14.26	1:25.10	1:26.26	1:24.98
50m: 34.30 34.30	150m: 1:56.35 42.09	250m: 3:21.80 42.44	100m: 1:14.26 39.96	200m: 2:39.36 43.01	300m: 4:05.62 43.82	350m: 4:48.28 42.66 400m: 5:30.60 42.32
4. ILHAN, Duru <i>SEM Barajı Geçildi</i>	12	Samsun Yıldız Su Sporları 5:46.39 318	1:19.74	1:28.81	1:30.23	1:27.61
50m: 38.48 38.48	150m: 2:04.78 45.04	250m: 3:34.16 45.61	100m: 1:19.74 41.26	200m: 2:48.55 43.77	300m: 4:18.78 44.62	350m: 5:03.90 45.12 400m: 5:46.39 42.49
5. ÇAKIR, Elif Betül	12	Bafra Gençlik Hizmetleri Spor 5:51.14 305me i	1:21.63	1:31.22	1:30.30	1:27.99
50m: 38.28 38.28	150m: 2:06.49 44.86	250m: 3:37.65 44.80	100m: 1:21.63 43.35	200m: 2:52.85 46.36	300m: 4:23.15 45.50	350m: 5:07.80 44.65 400m: 5:51.14 43.34
6. AYGÜN, Ela	12	Samsun Yıldız Su Sporları 5:59.41 284	1:23.86	1:35.24	1:33.09	1:27.22
50m: 38.68 38.68	150m: 2:11.92 48.06	250m: 3:46.10 47.00	100m: 1:23.86 45.18	200m: 2:59.10 47.18	300m: 4:32.19 46.09	350m: 5:16.64 44.45 400m: 5:59.41 42.77
7. ÖKSÜZO LU, Esmâ Berrâ	12	Samsun Su Sporları Kulübü 6:07.49 266	1:25.57	1:33.82	1:35.23	1:32.87
50m: 41.23 41.23	150m: 2:12.11 46.54	250m: 3:47.14 47.75	100m: 1:25.57 44.34	200m: 2:59.39 47.28	300m: 4:34.62 47.48	350m: 5:21.25 46.63 400m: 6:07.49 46.24
8. ÖZSÖZEN, Elisa Özge	12	Samsun Yıldız Su Sporları 7:18.80 156	3:38.47	1:53.54		
50m: 49.04 49.04	150m: 5:32.01	250m: 6:29.06 57.05	100m: 3:38.47 2:49.43	200m: 5:32.01	300m: 7:18.80	400m: 7:18.80
9. ÜSTÜNDA , Asya	12	Bafra Altınkaya Anadolu Lis 8:14.04 1109bü	1:48.17	2:07.86	2:13.60	2:04.41
50m: 47.78 47.78	150m: 2:53.10 1:04.93	250m: 5:03.74 1:07.71	100m: 1:48.17 1:00.39	200m: 3:56.03 1:02.93	300m: 6:09.63 1:05.89	350m: 7:16.53 1:06.90 400m: 8:14.04 57.51