

15 TEMMUZ DEMOKRAS VE M LL B RL K GÜNÜ YARI LARI  
Kırıkkale, 15. - 16.7.2023

Yarı 27  
16.07.2023

Bayanlar, 400m Serbest

7 ya ve büyükler  
Sonuçlar

Puanlar: FINA 2023

Sıra	Ya	Zamã Derece	100m	200m	300m	400m	
<b>9 - 10 ya ları arası</b>							
1. Zeynep Duru YARDIMCI	9	Orka Spor Kulübü	<b>6:07.68</b> 265	1:26.65	1:34.32	1:35.58	1:31.13
50m:		150m:	250m:	350m:			
100m: 1:26.65		200m: 3:00.97	300m: 4:36.55	400m: 6:07.68			
2. Eylül ENGÜL	10	Kulvar Spor Kulübü	<b>6:22.76</b> 235	1:27.13	1:38.67	1:41.50	1:35.46
50m:		150m:	250m:	350m:			
100m: 1:27.13		200m: 3:05.80	300m: 4:47.30	400m: 6:22.76			
3. Azra SOYLU	9	Kulvar Spor Kulübü	<b>6:29.55</b> 223	1:31.67	1:40.52	1:41.90	1:35.46
50m:		150m:	250m:	350m:			
100m: 1:31.67		200m: 3:12.19	300m: 4:54.09	400m: 6:29.55			
<b>11 - 12 ya ları arası</b>							
1. Ayris Inci KÜRKÜ	12	Nesibe Aydın Gençlik Ve Sp	<b>5:15.48</b> 420	1:14.52	1:21.04	1:21.50	1:18.42
50m:		150m:	250m:	350m:			
100m: 1:14.52		200m: 2:35.56	300m: 3:57.06	400m: 5:15.48			
2. Naz KARARTI	11	Kırıkkale Gençlik Olimpiyat	<b>5:52.13</b> 302	1:18.85	1:31.46	1:32.08	1:29.74
50m:		150m:	250m:	350m:			
100m: 1:18.85		200m: 2:50.31	300m: 4:22.39	400m: 5:52.13			
<b>13 ya ve büyükler</b>							
1. Beren Naz OZANÖZÜ	13	Mars Spor Kulübü	<b>4:55.34</b> 512	1:12.46	1:15.44	1:14.70	1:12.74
50m:		150m:	250m:	350m:			
100m: 1:12.46		200m: 2:27.90	300m: 3:42.60	400m: 4:55.34			
2. Derin KOÇAKO LU	13	V.A.M.O.S	<b>5:10.68</b> 440	1:14.89	1:18.58	1:19.79	1:17.42
50m:		150m:	250m:	350m:			
100m: 1:14.89		200m: 2:33.47	300m: 3:53.26	400m: 5:10.68			
3. Hanzade ÇETNER	13	V.A.M.O.S	<b>5:14.95</b> 422	1:15.30	1:20.38	1:20.62	1:18.65
50m:		150m:	250m:	350m:			
100m: 1:15.30		200m: 2:35.68	300m: 3:56.30	400m: 5:14.95			
4. Berra KARAKU	13	Nesibe Aydın Gençlik Ve Sp	<b>5:25.48</b> 383	1:17.16	1:22.57	1:23.71	1:22.04
50m:		150m:	250m:	350m:			
100m: 1:17.16		200m: 2:39.73	300m: 4:03.44	400m: 5:25.48			
5. Cemre Buse YILMAZ	13	Gordion Spor Kulübü	<b>5:56.84</b> 290	1:23.03	3:04.65	1:29.40	
50m:		150m:	250m:	350m:			
100m: 1:23.03		200m: 4:27.68	300m: 5:57.08	400m: 5:56.84			